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Manual Handling

Sitting to standing: one carer assistance using the basic stance

(1)

Carer close to the client and chair

2

One hand extending comfortably towards the pelvis

(3)

Carers foot forward of the client's rearmost foot









Manual Handling

Movement up the bed: self help using a slide sheet

(1)

Slide sheet tucked under the client's bottom

(2)

Client could use a slide sheet for their "weaker" leg





