

INSERTING A SLING - ROLLING PATIENT ONTO ONE SIDE ONLY



1. Roll the person onto their side, and fold the sling in half with handles/labels on the outside. Position the fold in line with person, one hand-width away from them



2. Fold the 'top' leg piece up neatly and thread the leg loop under the person's neck (left) and roll up

the top layer of the sling, folding in the straps/loops (below)



3. With the person rolled back onto their back, hold the loop that was threaded through (left) and gently pull through and down

(below)

